

Are you a teen or young adult (~ 13-39) dealing with cancer, now or in the past? Come connect with others who get it!

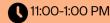




HELLO 2026 FAMILY PARTY!

Let's kick off 2026 right - TOGETHER! Grab the family as we celebrate the New Year with brunch and Minute-to-Win-it Family Face-Off! Food provided by Blood Cancer United.

Rochester Center | In-Person | Families





13THIRTY FIT!

ALL ABILITIES WELCOME! COMMIT TO 6 WEDNESDAYS WITH US!

Sweat your way to a healthier life with others who understand! With the guidance of our wonderful physical therapist, Brianne, let's get Fit together! *For AYAs done with treatment/in maintenance therapy.

Rochester Center | In-Person | AYAs (13-39)



6:00-7:00 PM



BREAD MYTHS, BUTTER TRUTHS

Join us for a bread and compound butter workshop where we'll bake, and bust common food myths about carbs, butter, and healthy eating.

Rochester Center | In-Person | AYAs (13-39)



6:00 PM

NEXT PROGRAM: Improv Night

Comedy Improv group Polite Ink will have us laughing the night away as we try out a series of different improv exercises.

February 12 · 6:00 PM

Rochester Center | In-Person | AYAs (13-39)

IN THE COMM

FUNDRAISER: Rochester Americans vs Syracuse Crunch - Wrestling Game

Tickets benefit 13thirty! Link coming soon!

March 29 • 3:05 PM

Blue Cross Arena, Rochester, NY

