



SEPTEMBER 2025

ROCHESTER PROGRAMS

13thirty Cancer Connect offers free peer support programs to our members and parents with focus on expressive arts, physical and emotional wellness, and social interaction.

13thirty.org

SEPT
3

Kickin' Country: Line Dancing Night

Fairport Country Roads(In-person) | 7:00-9:00 PM | AYAs (13-39)
25 Parce Ave., Fairport, NY 14450

Get ready to step, stomp, and shuffle your way across the dance floor as we line dance the night away. Never line danced before? Don't worry! Whether you're a novice or an expert our instructor will be sure to have you kickin' it country style in no time.

SEPT
17

Chocolate Senses

Laughing Gull Chocolate (In-Person) | 6:00PM | AYAs (13-39)

Practice using all of your senses when you sample a variety of craft chocolate and even a cacao bean with Laughing Gull Chocolates! We'll start by exercising our taste buds with everyday foods, and expand into a variety of chocolates. You'll go home a chocolate connoisseur with so much more to explore!

Space is limited please RSVP to secure your spot!

SEPT
24

Taco 'Bout It!

Rochester Center (In-Person) | 6:00PM | AYAs (13-39)

We will be carving out space to talk about the unique challenges AYAs faces when diagnosed with cancer, over tacos of course! Facilitated by 13thirty Executive Director, Lauren Spiker.



SAVE THE DATE: Fall AYA Cancer Retreat

Saturday October 4, 2025

Onanda Park (In-Person) | 10:00 AM-7:00PM | AYAs(13-39)

Join us for a day of connection, creativity, and nature for teens and young adults (13-39) with cancer and a plus one (spouse, partner, friend). Enjoy a cozy fall day with others who truly get it!
Scan the QR Code to Register!