



MARCH 2025

SYRACUSE PROGRAMS

13thirty Cancer Connect offers free peer support programs to our members and parents with focus on expressive arts, physical and emotional wellness, and social interaction.

MAR
1

A Night On The Ice

The Oncenter (In-person) | 7:00PM | AYAs (13-39)
515 Montgomery St, Syracuse, NY 13202

Get ready for a night of friendly competition between our Rochester and Syracuse centers! Watch from the comfort of a suite as the Syracuse Crunch face the Rochester American on the ice!

***Due to limited tickets, please RSVP to secure your spot.**

MAR
6

Tote Your Strength: Tie-dye Night

Syracuse Center(In-person) | 6:00PM | AYAs (13-39)

Join us for our classic 13thirty Tie-Dye Night with a twist! While creating colorful tie-dye tote bags, we'll reflect on the important support systems that have helped carry us through our cancer journey.

MAR
31

Taco 'Bout It!

Syracuse Center (In-person) | 6:00PM | AYAs (13-39)

We will be carving out space to talk about loneliness and isolation, over tacos of course! Facilitated by 13thirty Program Director, Katelyn MacDougall.