



MARCH 2025

ROCHESTER PROGRAMS

13thirty Cancer Connect offers free peer support programs to our members and parents with focus on expressive arts, physical and emotional wellness, and social interaction.

13thirty.org

MAR
1

A Night On The Ice

**The Oncenter (In-person) | 7:00PM | AYAs (13-39)
515 Montgomery St, Syracuse, NY 13202**

Get ready for a night of friendly competition between our Rochester and Syracuse centers! Watch from the comfort of a suite as the Syracuse Crunch face the Rochester American on the ice!

***Due to limited tickets, please RSVP to secure your spot. A carpool from Rochester Center will be organized.**

MAR
13

Tote Your Strength: Tie-dye Night

Rochester Center(In-person) | 6:00PM | AYAs (13-39)

Join us for our classic 13thirty Tie-Dye Night with a twist! While creating colorful tie-dye tote bags, we'll reflect on the important support systems that have helped carry us through our cancer journey.

MAR
26

Taco 'Bout It!

Rochester Center (In-person) | 6:00PM | AYAs (13-39)

We will be carving out space to talk about loneliness and isolation, over tacos of course! Facilitated by 13thirty Program Director, Katelyn MacDougall.