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"What's cool is you can be in a room with other people that have been through it and you don't have to explain yourself. You don't have to explain what happened or why you feel a certain way," said Michelle Hopkins, a 20-year-old with stage 4 cancer at the agency's support group, "When you're diagnosed with cancer at a young age, it's hard to find others your age who understand what you're going through."

As an athlete, Hopkins got involved in the agency's fitness programs. "It's been really important to me to be able to continue to move and do the things that I love," she said.

"What's unique about 13thirty, in my opinion, and what differentiates us from any other cancer support programs, is that we have programming for kids, teens, and young adults and their families," said Lauren Spiker, the agency's executive director.

"We started with one project. I decided there was a need to provide support to 13thirty families, and we've been able to grow from there," said Spiker.

"It's always been our vision to continue expanding our support to other communities," Spiker added.

"What I saw with my daughter was that there was a need to figure out how to live today," said Spiker. "It was a stroke of luck, coupled with a characteristic of 'don't ever stop.'"

"If you've learned anything in life, I think it's that you can do anything you put your mind to," said Spiker.

"It's hard enough being a teenager when you're healthy and all of a sudden your life is changed forever," said Spiker.

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