

13THIRTY PARENT FIT

**BRING YOUR
KID TO FIT
NIGHT**

On the third fit night of our 8 week program, parents are encouraged to bring their teen or young adult to workout together and promote a healthy lifestyle!

WEDNESDAY FEB 29 @ 6:30 PM

**1035 7TH NORTH ST, LIVERPOOL
RSVP TO MEGAN AT (315)297-3553**