THE

YRACUSE COOP

The inside scoop on how we're helping teens & young adults living with cancer in Syracuse.



(AYAs) impacted by cancer live their very best lives- TODAY!

March/April



WHAT'S NEW

'Cuse Camp

We had two awesome programs with the team at 'Cuse Camp, helping our AYAs to keep healthy and fit!



Parent Fit!

Our 8-week Parent Fitness Program ended on March 11. Everyone improved in their assessments!



IN THE COMMUNITY

Utica Women's Hockey

This year the Utica Women's Hockey **Team's 7th Annual Gold Ribbon Game benefitted 13thirty! Thank** you Laurel Simer, teammate and brain cancer survivor, and the rest of the UC Pioneers!



Stampin Up!

Thank you Missy Shipman from Stampin' Up for organizing a Leap Day fundraiser and for donating supplies. We can't wait to make cards together!



SPOTLIGHT



The past few weeks have been difficult, and the future is still unknown, but our mission must continue.

We are always here for our teens and young adults with cancer, their families, and our entire 13thirty community, especially during this uncharted time.

Let's join up this April for **AYA Cancer** Awareness Month and show the world how strong the 13thirty community is.

> Together, let's keep active and connected (virtually!) through #30daysof13thirty!

Follow along on social media and at 13thirty.org for a full calendar of virtual challenges throughout AYA Cancer Awareness Month this April.





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