

THE ROC REPORT

A recap on how we're helping teens & young adults living with cancer in Rochester.



The mission of 13thirty Cancer Connect is to help adolescents and young adults (AYAs) impacted by cancer live their very best lives - TODAY!

January/ February



WHAT'S NEW

Dinner with Derek

Chef Derek K. Pino visited our Center and showed us how to plan, prepare and cook healthy meals!



13thirty Fit! Kick Off

Special guests from the Rochester Fire Department joined us for the first AYA fitness program of 2020! We can't wait for the next 8 weeks.



IN THE COMMUNITY

RH Rotary Support

Special thanks to Steve Synesael and the Rush-Henrietta Rotary for their generous support over the years. They have truly "made a difference," just as Melissa, a former Interact Club officer, asked.



Benefit Concert

"Confluence" will perform this Saturday, 2/8 at 2:30 p.m. at Lovin' Cup. This duo features longtime 13thirty member and leukemia survivor, Nadine Dyskant-Miller, and her mother Barbara Dyskant. Tickets available at the door!



SPOTLIGHT



"If you have learned anything from me through all of this, do something with it, something to make a difference, to make things better." - Melissa, 2000

13thirty Cancer Connect is celebrating 20 years of making a difference for teens and young adults living with cancer!

Join the celebration and help us keep making a difference!

April 6-10:

AYA Cancer Awareness Week

June 7:

Bandana Bolt 5K Walk/Run

Nov. 7:

Journeys, Celebration of Living



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